Land Acknowledgement

We wish to acknowledge this sacred land on which the University of Toronto operates. It has been a site of human activity for 15,000 years. This land is the territory of the Huron-Wendat and Petun First Nations, the Seneca, and most recently, the Mississaugas of the New Credit. The territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and Confederacy of the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. Today, Toronto is still home to many Indigenous people from across Turtle Island and we are grateful to have the opportunity to work in the community, on this territory.

Revised by the Elders Circle (Council of Aboriginal Initiatives) on November 6, 2014
Welcome to the Office of Indigenous Medical Education! Our office opened in 2013, and is home to the Faculty of Medicine curricular coLeads in Indigenous Medical Education, an Elder, and the MD Program Indigenous Peoples’ Program Coordinator. This office provides a culturally safe space within the MD Program and designs and delivers curriculum related to Indigenous health education. The Office of Indigenous Medical Education also supports Indigenous Programming within the MD Program to teach students about Indigenous concepts of community and health, and supports Indigenous medical students through scholarships and bursaries. It also has a focus on recruitment and support for students who are interested in applying to the University of Toronto’s MD program through the Indigenous Student Application Program (ISAP).

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1 King’s College Circle
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Phone: (416) 946-0051
Our Team

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Co-lead, Indigenous Health Education

Dr. Jason Pennington  
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Rochelle Allan Present  
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Email: cat.criger@utoronto.ca
Opportunities to Get Involved

PRECLERKSHIP

1. Indigenous Health Elective
This 10-week Seminar Series runs during the Winter semester, generally from February to May. This is the only formal student-run Indigenous health extracurricular activity in the MD program. Over ten weeks, it covers topics such as historical trauma transmission, image-based storytelling, and cultural safety.

2. Inner City Health Seminar Series (ICH-SS)
ICH-SS consists of a number of sessions led by physicians involved in inner city health and experts in the field. Topics covered include Indigenous health, youth homelessness, refugee healthcare, lived experiences, and more. The Inner City Health Seminar Series also offers observerships through their partnerships with OHPSA and Inner City Health Associates (ICHA), a group of physicians who offer care to inner city populations who would otherwise lack access to healthcare.

3. Research Application Support Initiative (RASI)
A mentorship program designed to help students who are traditionally underrepresented in medicine (visible minorities like Black/Indigenous students and/or those from economically disadvantaged backgrounds) gain admission to medical school. As mentors, medical students can help students with their applications to research programs by offering advice and or by having an undergraduate student shadow you in the lab.

4. Officers of Indigenous Health - Junior Officer and Senior Officer
Local officers are responsible for organizing and running activities related to Indigenous Health throughout the school year. These activities may include: coordinating the elective series, organizing invited speaker lectures or cultural activities. They work with the Office of Indigenous Medical Education and other medical schools’ local officers on national and regional initiatives. Over the past 2 years, they’ve attended the Canadian Federation of Medical Students Conference to present position papers.

CLERKSHIP

5. Urban Indigenous Health Elective
The selective is an opportunity for students to gain self-reflective insight into various Indigenous conceptions of health, links between culture and health, and experiences of urban Indigenous Peoples within the health care system. Students will have opportunities to explore various Indigenous health and cultural organizations within Toronto. This selective will impart both a broad understanding of Indigenous Peoples and their health status, practice, care, delivery, with a more specific focus on the urban Indigenous experience.

6. The Association of Faculties of Medicine of Canada (AFMC) Student Portal’s Visiting Elective Guide
This can be used to find electives in Indigenous health across Canada. Many of the elective opportunities are Family Medicine placements and can be set up through the Northern Ontario School of Medicine (NOSM).
IN THE COMMUNITY

1. UNIVERSITY OF TORONTO
   First Nations House (FNH)
   North Borden Building
   563 Spadina Avenue, 3rd Floor
   Toronto, ON M5S 2J7
   Phone: (416) 978-8227
   Student Life Programs & Services
   First Nations House

   Students can access a variety of services and supports through the FNH, including an orientation at the beginning of the academic year, a resource center, computer lab (with WiFi and five work stations), Elders, and culturally supportive academic planning.

   Centre for Indigenous Studies
   563 Spadina Avenue, 2nd Floor
   Toronto, ON M5S 2J7
   Phone: (416) 978-2233
   Supporting Aboriginal Graduate Enhancement (SAGE)

   SAGE UT plans workshops, presentations, meetings and other events that focus on promoting the academic and personal development of Indigenous graduate students.

2. NATIVE CHILD AND FAMILY SERVICES OF TORONTO
   Central Office: 30 College Street
   Toronto, ON M5G 1K2
   Phone: (416) 969-8510
   
   The Native Child and Family Services of Toronto hopes to provide families and children with a life of quality, caring and healing, and well-being within the Toronto Native Community. They offer support services that deal with families in a holistic and culturally sensitive way, and have many regular drop in programs daily.

3. ANISHNAWBE HEALTH TORONTO
   Queen Street East Location:
   225 Queen Street East
   Toronto, ON M5A 1S4
   Phone: (416) 360-0486

   Gerrard Street East Location:
   179 Gerrard Street East
   Toronto, ON M5A 2E5
   Phone: (416) 920-2605

   Vaughn Road Location:
   22 Vaughn Road
   Toronto, ON M6G 2N1
   Phone: (416) 637-0379

   24/7 Mental Health Crisis Management Service Call (416) 891-8606
   Anishnawbe Health

   Anishnawbe Health Toronto offers services and programs with the aim to improve the health and well-being of Aboriginal Peoples in spirit, mind, emotion and body by providing Traditional Healing within a multi-disciplinary health care model.

4. NATIVE CANADIAN CENTRE OF TORONTO
   16 Spadina Road
   Toronto, ON M5R 2S7
   Phone: (416) 969-9087
   nativecentre

   Native Canadian Centre of Toronto offers a wide range of programs and services based on Native cultural teachings and traditions including Indigenous cultural awareness training, the Seniors Program, Cultural Program, Dodem Kanonhsa, youth programs, and a martial arts program.
Opportunities to Get Involved

IN THE COMMUNITY

5. NATIVE WOMEN’S RESOURCE CENTRE OF TORONTO
191 Gerrard Street East
Toronto, ON M5A 3E5
Phone: (416) 963-9963

The Native Women’s Resource Centre of Toronto offers Aboriginal women and their children life-enhancing resources, cultural ceremonies and teachings, skills development, and programs to develop collective capacity and celebrate Native cultures.

6. ABORIGINAL SERVICES PROGRAM: CENTRE FOR ADDICTION AND MENTAL HEALTH
60 White Squirrel Way, 2nd Floor
Toronto, ON M6J 1H4
Phone: (416) 335-8501, press 2

The Aboriginal Service provides outpatient groups and individual counselling to Aboriginal peoples experiencing substance use and mental health issues, as well as support to clients who are in CAMH inpatient programs. The treatment team includes Aboriginal Social Workers, Occupational Therapists and an Elder/Traditional healer, as well as access to psychiatry. In addition to other ceremonies, CAMH has an onsite Sweat Lodge which can be utilized as part of a client’s treatment plan. Referral Required: Not, self-referral is accepted.

7. 2-SPRITED PEOPLE OF THE 1st NATIONS
145 Front Street East #105
Toronto, ON M5A 1E3
Phone: (416) 944-9300

2-Spirited People of the 1st Nations provides prevention education and support for the 2-Spirit community in Toronto living with or at risk for HIV and related co-infections. These services and support are based on Indigenous philosophies of holistic health and wellness.

8. COUNCIL FIRE NATIVE CULTURAL CENTRE
439 Dundas Street East
Toronto, ON M5A 2B1
Phone: (416) 360-4350

Toronto Council Fire Native Cultural Centre provides counselling, material assistance and other direct services to First Nations people as well as to encourage and enhance spiritual and personal growth.

9. ONTARIO INSTITUTE FOR STUDIES IN EDUCATION (OISE)
252 Bloor Street West
Toronto ON M5S 1V6
Phone: (416) 978-0005

The Ontario Institute for Studies in Education (OISE) is a leader in Indigenous education and hopes to create a respectful and inclusive education curriculum that reflects the needs of Indigenous peoples.

The Indigenous initiatives involved at OISE include an Aboriginal Community Council, teaching of Indigenous perspectives, research, and the Indigenous Education Network (which supports students and their study interests in Indigenous education, advances Indigenous education research, and encourages the development of Indigenous curriculum).
For information on community events hosted throughout the year, visit the various websites or social media pages in this book!

10. SEVENTH GENERATION MIDWIVES
525 Dundas Street East, 2nd Floor
Toronto ON M5A 2B6
Phone: (416) 530-7468

Seventh Generation Midwives Toronto (SGMT) are midwives who offer maternity care to Indigenous women within Toronto, while accounting for the spiritual, emotional, mental, and physical experiences of the women during her childbearing year. SGMT provides midwifery care throughout pregnancy, labour, birth, and the first six weeks post-partum.

11. WAAKEBINESS-BRYCE INSTITUTE FOR INDIGENOUS HEALTH AT DALLA LANA SCHOOL OF PUBLIC HEALTH
155 College Street
Toronto, ON M5T 3M7
Phone: (416) 978-2058

The Waakebiness-Bryce Institute for Indigenous Health has educators and researchers aiming to address the complex factors underlying disparities in health between Indigenous and non-Indigenous peoples. This institute is an opportunity for students to become involved in research concerning Indigenous health, and allows students to become aware of various community events.

12. WELL LIVING HOUSE
219 Victoria Street
Toronto, ON M5B 1T8
Facebook: Well Living House
Twitter: Well Living House

Well Living House is an action research centre focused on Indigenous infant, child, and family well-being. It is a place where Indigenous peoples can gather, understand, and share knowledge about happy and healthy child, family, and community living. Students can become involved with research within the Well Living House.
## Finances & Awards

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<thead>
<tr>
<th>AWARD NAME</th>
<th>CRITERIA</th>
<th>APPLICATION INFORMATION</th>
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<tbody>
<tr>
<td>Dr. Robert William Hudson Memorial Award</td>
<td>- Demonstrated interest in endocrinology</td>
<td>Information and instructions regarding the completion and submission of this online application will be emailed to all MD students in January.</td>
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<tr>
<td></td>
<td>- Preference given to Black or Indigenous students</td>
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<tr>
<td></td>
<td>- Financial need</td>
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<tr>
<td>Indspire Scholarship—Health Careers</td>
<td>- Aboriginal ancestry</td>
<td>For more information, visit the Indspire website.</td>
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<tr>
<td></td>
<td>- Studies in health care careers</td>
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<td></td>
<td>- Financial need</td>
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<td></td>
<td>- Multiple application deadlines</td>
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<tr>
<td>Gladys Watson Aboriginal Education Award</td>
<td>- Aboriginal ancestry</td>
<td>For more information, visit the U of T Admissions website.</td>
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<tr>
<td></td>
<td>- Financial need</td>
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<tr>
<td></td>
<td>- Enrolled in master’s, doctoral level, or second-entry professional programs</td>
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<tr>
<td>City of Toronto Scholarships for Aboriginal Students Studying in Health Professions</td>
<td>- Aboriginal ancestry</td>
<td>For more information, visit the U of T Admissions website.</td>
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<tr>
<td></td>
<td>- Student in any of the health professional program</td>
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<tr>
<td></td>
<td>- Academic merit</td>
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<td></td>
<td>- Demonstrated community leadership skills</td>
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<tr>
<td>Edward and Dorothy Dawson Award for Aboriginal Students</td>
<td>- Aboriginal ancestry</td>
<td>For more information, visit the U of T Admissions website.</td>
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<td></td>
<td>- Financial need</td>
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<tr>
<td></td>
<td>- Enrolled in science related discipline</td>
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<tr>
<td>Métis Nation of Ontario Bursary</td>
<td>- Métis students</td>
<td>For more information, visit Métis Nation of Toronto website.</td>
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<td></td>
<td>- Financial need</td>
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<td>AWARD NAME</td>
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| Dr. Lillian McGregor Aboriginal Award of Excellence | - Aboriginal ancestry  
- Financial need  
- Contribution to the Native community through volunteerism and involvement with First Nations House and/or an Indigenous Student Group at U of T | For more information, visit the U of T Admissions website. |
| College of Family Physicians of Canada (CFPC) Indigenous Medical Student Scholarship | - Aboriginal ancestry  
- Academic merit  
- Must be in the second last year of study  
- Interest in or commitment to a career in family medicine | For more information, visit the CFPC website |
| The President’s Award for the Outstanding Native Student of the Year | - Aboriginal ancestry  
- High academic standing  
- Previous and/or intended contribution to the Aboriginal community | For more information, visit the U of T Admissions website. |
| Anishnawbe Health Toronto (AHT): The Dr. Tomer Levey Memorial Bursary | - Aboriginal ancestry  
- Studying medicine  
- Currently in good standing at medical school  
- Home community in Ontario  
- Desire to work within the Aboriginal Community upon completion of education  
- Financial need | For more information visit Anishnawbe Health Toronto’s website |
For more external resources for Indigenous awards, bursaries, and scholarships check the following links:

- Aboriginal Bursary System (Government of Canada)
- Aboriginal Bursary Search Tool
- Aboriginal Scholarship Guide — AMMSA
- Post-Secondary Student Support Program
- The Canadian Medical Foundation

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